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GLOBAL VIEW ON EDUCATION AND RESEARCH IN AYURVEDA

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Ayurveda is a science that can greatly serve the needs of humanity in the coming century.

What are these needs? For many years the biggest problem for human beings was to find adequate nutrition and to live in a hygienic environment.

Although these problems have, to an extent, been eliminated (in the western world), we start facing more intricate problems.

Now a days non-hygienic does not mean lack of drainage system in the big cities but air pollution and water pollution from car fumes and from fertilizers and pesticides used in the modern agriculture.

Furthermore stress related problems nutritional and metabolic related problems needs consideration here.

The western world tries to face these problems with increased funding for health services without really reversing the tendency for more degenerative diseases, more mental diseases, and more allergic conditions.

Additionally problems we are facing with medications like overuse and resistance to antibiotics, side effects of medications have created a sense to the society and to some medical professionals that there is a need for a more holistic approach to health and life.

Ayurveda has a holistic approach where spirit, mind and body are integrated. Creation of new specialities like psychoneuroimmunology in modern medicine is in reality an acceptance of this Ayurvedic principle.

The full paper contain discussions, altogether.